

2011 Power 99/Frank Dunn Triathlon
 August 7, 2011
 Waskesiu, SK
 Chronotrack Timing by Results Canada
 http://www.resultscanada.com
 Overall Results

Over All Place	Place In Total Age Group	Age Group	Bib Num	Name	City, Prov/State	Swim:Swim:Swim :Swim Pfce:Pfce:Time :Rate In :Over: : Age :All : :Mins/ Grp : : :100M	Bike:Bike:Bike :Bike Pfce:Pfce:Time :Speed In :Over: : Age :All : :Km/ Grp : : :Hour	Run :Run :Run :Run Pfce:Pfce:Time :Pace In :Over: : Age :All : :Mins/ Grp : : :KM	Finish Time
1	1/9	M2029	135	Kris Loshack	Edmonton	1 1 20:49 1:24	1 1 1:32:56 40.0	1 1 46:59 3:37	2:40:43
2	1/22	M3039	1	Curtis Earl	Saskatoon	4 14 25:12 1:41	1 2 1:37:11 38.3	2 4 52:54 4:05	2:55:16
3	1/34	M4049	35	Shayne Burwell	Saskatoon	1 7 23:27 1:34	2 4 1:41:41 36.6	1 5 53:04 4:05	2:58:11
4	2/22	M3039	133	Brad Spokes	Saskatoon	2 11 24:03 1:37	2 5 1:42:12 36.4	1 3 52:36 4:03	2:58:49
5	3/22	M3039	142	Shawn Rempel	Saskatoon	8 28 27:28 1:50	4 8 1:46:14 35.0	3 6 53:37 4:08	3:07:18
6	1/23	M5059	145	John Winterdyk	Calgary	2 39 28:24 1:54	1 7 1:45:10 35.4	1 9 53:55 4:09	3:07:28
7	1/7	MR01	241	Team Fae 1	Prince Albert	1 3 21:37 1:27	2 43 1:55:58 32.1	1 2 50:42 3:54	3:08:16
8	2/34	M4049	88	Joel Wilkinson	Cochrane	3 9 23:43 1:35	5 20 1:50:43 33.6	2 8 53:55 4:09	3:08:20
9	4/22	M3039	114	Curtis Merrifield	Rosetown	7 25 26:56 1:48	3 6 1:44:19 35.7	5 15 57:50 4:27	3:09:05
10	3/34	M4049	39	Bruce Gordon	Saskatoon	14 66 30:58 2:04	1 3 1:40:15 37.1	5 18 58:48 4:32	3:10:01
11	5/22	M3039	63	Jason Horner	Saskatoon	3 12 24:07 1:37	7 22 1:50:53 33.5	6 17 57:59 4:28	3:12:58
12	2/9	M2029	28	Stephan Van Zyl	Saskatoon	2 32 27:48 1:52	3 19 1:50:39 33.6	2 13 56:41 4:22	3:15:07
13	4/34	M4049	94	Todd Graham	Regina	4 22 26:32 1:47	6 25 1:51:50 33.3	4 16 57:52 4:28	3:16:12
14	2/23	M5059	141	Reg Rempel	Martensville	11 83 32:03 2:09	2 10 1:46:29 34.9	2 19 58:59 4:33	3:17:30
15	1/23	NR01	230	Team Tres Tortugas	Saskatoon	4 46 29:15 1:57	4 29 1:52:45 33.0	2 12 55:46 4:18	3:17:45
16	6/22	M3039	78	Cory Funk	Saskatoon	6 21 26:05 1:45	5 9 1:46:24 35.0	10 70 1:05:31 5:03	3:17:59
17	2/23	NR01	205	Team To Beat Don Figley	Saskatoon	2 23 26:38 1:47	2 17 1:50:16 33.7	5 33 1:01:17 4:43	3:18:09
18	PEN 1/13	F2029	167	Carla Binning	Sherwood Park	2 17 25:43 1:43	1 15 1:49:48 33.9	2 46 1:02:56 4:51	3:18:26
19	3/23	M5059	10	Simon Toon	Saskatoon	3 47 29:15 1:57	3 12 1:47:44 34.5	3 47 1:02:56 4:51	3:19:55
20	1/14	FR01	209	Team Better Than Bond Girls	Saskatoon	1 13 24:12 1:37	1 35 1:54:01 32.6	3 41 1:02:23 4:48	3:20:35
21	5/34	M4049	37	Pat Long	Prince Albert	6 27 27:24 1:50	10 40 1:55:37 32.2	3 14 57:44 4:27	3:20:45
22	7/22	M3039	129	Chad Matsalla	Saskatoon	1 10 23:45 1:35	9 28 1:52:26 33.1	8 60 1:05:03 5:01	3:21:13
23	2/7	MR01	211	Team Spare Parts V	Saskatoon	2 19 25:50 1:44	1 37 1:54:20 32.5	3 32 1:01:11 4:43	3:21:19
24	6/34	M4049	84	John Rayner	Saskatoon	2 8 23:28 1:34	15 55 1:59:19 31.2	7 27 1:00:07 4:38	3:22:53
25	8/22	M3039	174	Ken Bristol	Regina	13 77 31:50 2:08	11 44 1:56:07 32.0	4 11 55:29 4:17	3:23:26
26	7/34	M4049	46	Tim Haight	Saskatoon	16 75 31:47 2:08	8 30 1:52:48 33.0	6 22 59:30 4:35	3:24:04
27	8/34	M4049	8	Marc Reindeau	Saskatoon	9 36 28:06 1:53	7 26 1:52:21 33.1	12 53 1:03:37 4:54	3:24:04
28	3/23	NR01	215	Team Ago	Saskatoon	1 6 23:17 1:34	6 41 1:55:39 32.2	8 66 1:05:16 5:02	3:24:11
29	1/5	M1619	146	Kyle Jones	Saskatoon	4 45 29:04 1:57	1 33 1:53:46 32.7	2 36 1:01:53 4:46	3:24:42
30	9/22	M3039	72	Tim Schroeder	Dundurn	5 20 25:53 1:44	6 14 1:49:18 34.0	13 104 1:10:24 5:25	3:25:34
31	9/34	M4049	51	D'Arcy Polreis	Saskatoon	11 44 28:51 1:56	12 46 1:56:19 32.0	9 30 1:00:29 4:40	3:25:38
32	4/23	M5059	140	Eugene Timmermans	Saskatoon	1 37 28:08 1:53	4 23 1:51:12 33.5	11 82 1:07:59 5:14	3:27:17
33	3/9	M2029	102	Todd Jones	Regina	6 100 33:12 2:13	2 11 1:46:39 34.9	4 81 1:07:47 5:13	3:27:37
34	4/23	NR01	244	Team Sask Blue Cross	Saskatoon	3 29 27:28 1:50	1 13 1:47:59 34.4	16 113 1:12:20 5:34	3:27:46
35	PEN 10/34	M4049	74	Glenn Patkau	Saskatoon	10 40 28:31 1:54	3 16 1:50:09 33.8	19 93 1:09:08 5:20	3:27:46
36	1/12	F3039	22	Reagan Wildeman	Saskatoon	1 42 28:46 1:56	1 36 1:54:10 32.6	3 65 1:05:12 5:01	3:28:07
37	2/12	F3039	105	Renee Stuckel	Saskatoon	3 50 29:28 1:58	3 56 1:59:47 31.1	1 20 59:02 4:33	3:28:17
38	2/5	M1619	31	Kristopher MacNeil	Prince Albert	5 82 32:01 2:09	2 34 1:53:50 32.7	4 56 1:04:18 4:57	3:30:09
39	5/23	M5059	86	Peter Martin	Saskatoon	8 64 30:49 2:04	6 39 1:54:51 32.4	7 59 1:04:53 5:00	3:30:32
40	1/2	F1619	107	Christina Charles	Prince Albert	1 4 21:57 1:28	2 100 2:08:37 28.9	1 26 1:00:06 4:38	3:30:40
41	6/23	M5059	50	Ron Kelly	Saskatoon	10 81 32:01 2:09	7 42 1:55:46 32.1	6 55 1:04:02 4:56	3:31:48
42	PEN 11/34	M4049	34	Marc Leclair	Winnipeg	21 103 33:17 2:14	4 18 1:50:38 33.6	18 88 1:08:19 5:16	3:32:13
43	12/34	M4049	132	Darren Hagen	Saskatoon	28 147 37:01 2:29	9 32 1:53:19 32.8	10 39 1:02:08 4:47	3:32:27
44	10/22	M3039	92	Joey Brassard	Prince Albert	9 41 28:31 1:55	8 24 1:51:43 33.3	14 114 1:12:23 5:35	3:32:36
45	11/22	M3039	175	Russell Dawson	Saskatoon	14 78 31:51 2:08	12 48 1:56:46 31.9	9 63 1:05:07 5:01	3:33:43
46	13/34	M4049	69	Doug Forer	Edmonton	18 86 32:23 2:10	11 45 1:56:19 32.0	14 61 1:05:04 5:01	3:33:45
47	7/23	M5059	23	Grant Bryden	Saskatoon	5 54 29:55 2:00	8 51 1:58:15 31.5	9 71 1:05:36 5:03	3:33:45
48	14/34	M4049	99	Shane Pasloski	Cochrane	5 24 26:49 1:48	14 54 1:58:55 31.3	17 87 1:08:15 5:15	3:33:58
49	2/2	F1619	149	Anne Charles	Prince Albert	2 5 22:28 1:30	1 98 2:08:27 29.0	2 51 1:03:27 4:53	3:34:21
50	3/7	MR01	234	Team Team Broham,	North Battleford	4 73 31:39 2:07	5 70 2:02:56 30.3	2 25 1:00:04 4:38	3:34:38
51	2/14	FR01	232	Team Die Triing	Saskatoon	2 15 25:28 1:42	5 96 2:07:46 29.1	1 34 1:01:26 4:44	3:34:39
52	15/34	M4049	41	John Marshall	Saskatoon	7 31 27:40 1:51	18 64 2:01:59 30.5	15 62 1:05:06 5:01	3:34:45
53	5/23	NR01	245	Team The Quick And The Dead	Saskatoon	14 160 39:14 2:37	5 31 1:53:04 32.9	7 43 1:02:44 4:50	3:35:01
54	16/34	M4049	98	Grant Marshak	Saskatoon	23 114 34:29 2:18	17 60 2:00:55 30.8	8 29 1:00:27 4:39	3:35:50
55	4/7	MR01	235	Team Baergendy Harbour	Calgary	6 136 36:22 2:26	4 50 1:57:57 31.5	4 38 1:02:05 4:47	3:36:23
56	8/23	M5059	101	Vaughn Cooper	Vermillion	7 62 30:46 2:04	11 65 2:02:16 30.4	4 52 1:03:30 4:54	3:36:31
57	12/22	M3039	153	Olivier Larocque	Saskatoon	16 110 34:15 2:17	10 38 1:54:46 32.4	11 83 1:08:01 5:14	3:37:01
58	2/13	F2029	124	Leah MacNaughton	Regina	3 30 27:30 1:50	3 89 2:06:28 29.4	3 48 1:03:09 4:52	3:37:07
59	3/5	M1619	89	Kenton Wilkinson	Cochrane	1 26 27:13 1:49	3 101 2:08:45 28.9	3 44 1:02:50 4:50	3:38:47
60	9/23	M5059	52	Jim Gregg	Saskatoon	20 141 36:33 2:27	5 27 1:52:23 33.1	13 99 1:09:56 5:23	3:38:52

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Over All Place	Place In Total Age Group	Age Group	Bib Num	Name	City, Prov/State	Swim:Swim:Swim Pfce:Pfce:Time In :Over: Age :All : Grp :	:Swim :Rate : :Mins/ :100M	Bike:Bike:Bike Pfce:Pfce:Time In :Over: Age :All : Grp :	:Bike :Speed : :Km/ :Hour	Run :Run :Run Pfce:Pfce:Time In :Over: Age :All : Grp :	:Run :Pace : :Mins/ :KM	Finish Time							
61	6/23	NR01	224	Team Snap Crackle + Pop	Ile A La Crosse	6	95	32:50	2:12	10	87	2:06:01	29.5	4	28	1:00:22	4:39	3:39:11	
62	3/13	F2029	163	Holly Ammand	Abbotsford	4	35	27:54	1:52	2	82	2:04:48	29.8	4	76	1:06:35	5:08	3:39:17	
63	1/13	F4049	3	Leanne Helfrich	Saskatoon	3	68	31:04	2:05	3	84	2:05:01	29.8	2	49	1:03:15	4:52	3:39:20	
64	17/34	M4049	61	Charles Keller	Saskatoon	27	135	36:17	2:26	16	58	2:00:23	30.9	11	45	1:02:50	4:50	3:39:29	
65	3/12	F3039	138	Nienke Lindeboom	Saskatoon	5	61	30:42	2:03	6	93	2:06:49	29.3	2	40	1:02:16	4:48	3:39:46	
66	4/9	M2029	131	Kyle Wionzek	Saskatoon	3	49	29:24	1:58	4	62	2:01:38	30.6	5	92	1:08:58	5:19	3:39:58	
67	10/23	M5059	73	Don Laing	Prince Albert	12	84	32:09	2:09	13	76	2:04:19	29.9	5	54	1:03:53	4:55	3:40:20	
68	18/34	M4049	148	Bryan Lloyd	Regina	25	124	35:35	2:23	13	47	1:56:24	32.0	21	96	1:09:41	5:22	3:41:39	
69	3/14	FR01	220	Team Mac 50	Prince Albert	7	108	34:07	2:17	3	72	2:03:11	30.2	4	57	1:04:37	4:59	3:41:54	
70	4/12	F3039	95	Shana Graham	Regina	2	43	28:49	1:56	4	61	2:01:36	30.6	6	119	1:13:06	5:38	3:43:30	
71	19/34	M4049	177	Greg Dyck	Regina	24	119	34:56	2:20	20	74	2:03:58	30.0	13	58	1:04:49	5:00	3:43:42	
72	4/5	M1619	87	Jaime Wilkinson	Cochrane	2	34	27:54	1:52	5	152	2:20:34	26.5	1	10	55:25	4:16	3:43:52	
73	20/34	M4049	76	Tom Warkentin	Saskatoon	19	93	32:49	2:12	19	71	2:03:06	30.2	16	85	1:08:04	5:15	3:43:58	
74	5/7	MR01	203	Team Forgot Our Name	Saskatoon	3	53	29:43	1:59	3	49	1:57:09	31.8	6	148	1:17:24	5:58	3:44:15	
75	2/13	F4049	24	Shannon Bews	Saskatoon	5	117	34:47	2:20	1	63	2:01:41	30.6	5	89	1:08:23	5:16	3:44:50	
76	3/13	F4049	77	Cheryl Siemens	Saskatoon	10	148	37:12	2:29	2	78	2:04:29	29.9	3	50	1:03:25	4:53	3:45:05	
77	PEN	4/14	FR01	226	Team Betcha Can't Be Slower	Saskatoon	8	113	34:23	2:18	6	102	2:09:02	28.8	2	35	1:01:52	4:46	3:45:15
78	1/12	F5059	30	Sue Ashburner	Saskatoon	3	90	32:29	2:10	1	81	2:04:47	29.8	3	86	1:08:05	5:15	3:45:20	
79	11/23	M5059	11	Bruce Moore	Regina	15	98	32:57	2:12	14	88	2:06:27	29.4	10	74	1:06:03	5:05	3:45:26	
80	7/23	NR01	228	Team One Hit Wonders	Calgary	16	164	39:18	2:38	3	21	1:50:43	33.6	18	144	1:16:28	5:53	3:46:29	
81	8/23	NR01	239	Team Magic Muffets	Saskatoon	18	181	42:15	2:49	9	79	2:04:45	29.8	3	23	59:46	4:36	3:46:45	
82	5/5	M1619	17	Devon Sylvester	North Battleford	3	38	28:15	1:53	4	104	2:09:49	28.7	5	97	1:09:49	5:23	3:47:52	
83	5/14	FR01	213	Team Adrenaline Rush	Prince Albert	3	18	25:44	1:43	7	116	2:11:51	28.2	8	105	1:10:24	5:25	3:47:58	
84	4/13	F2029	27	Ashley Hoffort	Regina	12	139	36:28	2:26	4	103	2:09:23	28.8	1	42	1:02:39	4:50	3:48:29	
85	13/22	M3039	176	James Beer	Prince Albert	22	187	45:39	3:03	13	73	2:03:44	30.1	7	21	59:20	4:34	3:48:42	
86	6/14	FR01	201	Team The Hormones	Saskatoon	10	156	38:22	2:34	4	85	2:05:15	29.7	6	68	1:05:20	5:02	3:48:56	
87	21/34	M4049	54	Darren Grabill	Melfort	8	33	27:51	1:52	26	107	2:10:12	28.6	23	110	1:11:23	5:30	3:49:25	
88	14/22	M3039	139	Clifford McBeath	Prince Albert	10	57	30:21	2:02	15	108	2:10:15	28.6	12	101	1:10:12	5:24	3:50:47	
89	5/12	F3039	26	Dana Muma	Saskatoon	10	143	36:41	2:27	2	53	1:58:30	31.4	7	139	1:15:41	5:50	3:50:51	
90	22/34	M4049	178	Rob Cormier	Prince Albert	20	96	32:50	2:12	21	80	2:04:46	29.8	25	125	1:13:55	5:42	3:51:30	
91	9/23	NR01	208	Team The Wildebeests	Prince Albert	15	162	39:15	2:37	12	95	2:07:27	29.2	9	72	1:05:50	5:04	3:52:31	
92	12/23	M5059	166	Brian Ross	Saskatoon	6	55	30:08	2:01	10	59	2:00:49	30.8	19	158	1:21:42	6:18	3:52:38	
93	13/23	M5059	179	Dennis Scherger	Saskatoon	22	185	44:09	2:57	12	75	2:03:59	30.0	8	64	1:05:08	5:01	3:53:15	
94	5/9	M2029	128	Joe Bitz	Saskatoon	9	175	40:57	2:44	5	92	2:06:47	29.3	3	73	1:05:51	5:04	3:53:34	
95	1/5	M6099	165	Norman Zepp	Saskatoon	5	168	39:38	2:39	4	126	2:13:24	27.9	1	31	1:01:02	4:42	3:54:02	
96	5/13	F2029	70	Bonnie Maclean	Saskatoon	10	130	35:53	2:24	5	112	2:11:18	28.3	5	77	1:07:04	5:10	3:54:13	
97	6/12	F3039	155	Audrey Harder	North Battleford	8	118	34:50	2:20	7	99	2:08:36	28.9	5	108	1:11:02	5:28	3:54:27	
98	23/34	M4049	25	Jim Chrones	Saskatoon	22	104	33:24	2:14	27	117	2:12:10	28.1	22	98	1:09:54	5:23	3:55:27	
99	2/12	F5059	100	Sheryl Plenert	Fort Langley	2	89	32:29	2:10	2	86	2:05:37	29.6	10	149	1:18:20	6:02	3:56:25	
100	4/13	F4049	83	Lise Demoissac	Saskatoon	7	123	35:35	2:23	5	130	2:14:32	27.7	4	78	1:07:20	5:11	3:57:26	
101	7/12	F3039	80	Theresa Gibson	Regina	12	151	37:26	2:30	5	69	2:02:54	30.3	8	147	1:17:22	5:58	3:57:41	
102	3/12	F5059	79	Julie Demoissac	Outlook	11	172	40:31	2:43	3	105	2:10:01	28.6	2	80	1:07:36	5:12	3:58:08	
103	15/22	M3039	53	Chad Anderson	Saskatoon	15	91	32:36	2:11	16	113	2:11:22	28.3	16	131	1:14:26	5:44	3:58:22	
104	24/34	M4049	57	Barry Haukaas	Regina	29	155	38:14	2:33	25	97	2:07:50	29.1	24	115	1:12:45	5:36	3:58:48	
105	25/34	M4049	111	Richard Dobrowolski	Regina	12	56	30:10	2:01	29	122	2:12:45	28.0	27	140	1:15:54	5:51	3:58:48	
106	5/13	F4049	90	Tobi Rempel	Saskatoon	11	152	37:38	2:31	9	157	2:21:21	26.3	1	24	59:51	4:37	3:58:49	
107	10/23	NR01	233	Team Jts	Okotoks	9	126	35:36	2:23	14	134	2:15:11	27.5	11	84	1:08:02	5:14	3:58:49	
108	4/12	F5059	150	Dulcie Charles	Prince Albert	1	70	31:27	2:06	7	149	2:19:20	26.7	4	91	1:08:50	5:18	3:59:36	
109	8/12	F3039	21	Monica Case	Waskesiu	7	111	34:18	2:18	10	150	2:20:04	26.6	4	69	1:05:23	5:02	3:59:45	
110	6/9	M2029	154	Brandon Hicks	Saskatoon	7	137	36:24	2:26	6	110	2:11:04	28.4	6	117	1:12:54	5:37	4:00:20	
111	14/23	M5059	126	David Scuka	Moose Jaw SK	13	92	32:44	2:11	18	127	2:13:37	27.8	15	130	1:14:19	5:43	4:00:39	
112	6/13	F4049	121	Tisha Wintringham	Saskatoon	2	52	29:41	1:59	6	140	2:16:57	27.2	7	128	1:14:09	5:43	4:00:47	
113	2/5	M6099	82	Bill Jeffery	Shellbrook	3	142	36:40	2:27	2	114	2:11:34	28.3	2	116	1:12:52	5:37	4:01:04	
114	11/23	NR01	216	Team Run Tmc	Saskatoon	17	177	41:08	2:45	7	52	1:58:20	31.4	20	159	1:21:45	6:18	4:01:13	
115	5/12	F5059	85	Carole Morsky	Regina	4	94	32:50	2:12	5	135	2:15:16	27.5	7	126	1:13:59	5:42	4:02:03	
116	26/34	M4049	9	Bill Glanville	Melfort	32	173	40:47	2:44	28	121	2:12:34	28.1	20	95	1:09:25	5:21	4:02:45	
117	15/23	M5059	56	Ian Colvine	Saskatoon	18	120	35:06	2:21	21	147	2:19:00	26.8	12	90	1:08:45	5:18	4:02:50	
118	7/14	FR01	246	Team Siast- Fit	Prince Albert	11	176	41:07	2:45	8	120	2:12:24	28.1	7	94	1:09:21	5:21	4:02:51	
119	6/12	F5059	12	Frankie Pelletier	Regina	6	116	34:40	2:19	6	141	2:17:04	27.1	5	109	1:11:18	5:30	4:03:02	
120	12/23	NR01	202	Team Just For Fun	Saskatoon	20	189	46:10	3:05	11	94	2:06:52	29.3	12	100	1:10:08	5:24	4:03:09	

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 http://www.resultscanada.com
 Overall Results

Over All Place	Place In Total Age Group	Age Group	Bib Num	Name	City, Prov/State	Swim:Swim:Swim Pfce:Pfce:Time In :Over: Age :All : Grp :	:Swim :Rate : :Mins/ :100M	Bike:Bike:Bike Pfce:Pfce:Time In :Over: Age :All : Grp :	:Bike :Speed : :Km/ :Hour	Run :Run :Run Pfce:Pfce:Time In :Over: Age :All : Grp :	:Run :Pace : :Mins/ :KM	Finish Time						
121	3/5	M6099	118	Douglas Blakely	Regina	1	76	31:50	2:08	3	115	2:11:34	28.3	3	155	1:19:49	6:09	4:03:13
122	16/23	M5059	134	Lorrie Loshack	Edmonton	19	129	35:50	2:24	9	57	2:00:19	30.9	22	178	1:27:08	6:43	4:03:15
123	6/13	F2029	125	Dawn Halsall	Prince Albert	13	146	36:47	2:28	6	125	2:13:08	27.9	7	120	1:13:30	5:40	4:03:24
124	13/23	NR01	223	Team Team Shenneth	Saskatoon	22	193	50:12	3:21	8	68	2:02:45	30.3	14	106	1:10:32	5:26	4:03:28
125	16/22	M3039	173	Brent Dean	Saskatoon	12	69	31:21	2:06	19	146	2:18:48	26.8	15	121	1:13:38	5:40	4:03:47
126	17/23	M5059	49	Donald Figley	Saskatoon	16	101	33:15	2:13	19	131	2:14:39	27.6	17	142	1:16:24	5:53	4:04:17
127	18/23	M5059	66	Darrell Bower	Warman	9	71	31:35	2:07	20	138	2:16:31	27.2	18	143	1:16:27	5:53	4:04:32
128	7/13	F2029	67	Tara Bower	Yellowknife	6	72	31:36	2:07	9	148	2:19:13	26.7	8	123	1:13:44	5:41	4:04:32
129	6/7	MR01	218	Team The_t Bags_	Emerald Park	7	191	46:30	3:06	6	77	2:04:29	29.9	5	122	1:13:42	5:41	4:04:41
130	14/23	NR01	225	Team Team Faith	Prince Albert	11	140	36:33	2:27	15	136	2:15:24	27.5	17	118	1:12:56	5:37	4:04:51
131	7/13	F4049	75	Jo Ann Gaspers	Saskatoon	9	144	36:41	2:27	4	128	2:13:52	27.8	9	132	1:14:28	5:44	4:05:00
132	8/13	F2029	172	Colleen Elliot	Saskatoon	1	16	25:43	1:43	7	137	2:16:04	27.3	11	167	1:23:22	6:25	4:05:08
133	17/22	M3039	4	Scott Baller	Regina	19	167	39:36	2:39	14	106	2:10:05	28.6	18	137	1:15:39	5:50	4:05:19
134	27/34	M4049	157	Joel Pedersen	Saskatoon	30	157	38:43	2:35	22	83	2:04:48	29.8	31	165	1:22:14	6:20	4:05:44
135	28/34	M4049	91	Dennis Tokarz	Regina	15	74	31:45	2:07	24	91	2:06:35	29.4	33	180	1:27:50	6:46	4:06:09
136	8/13	F4049	168	Maureen Powell	Regina	6	122	35:29	2:22	7	151	2:20:24	26.5	6	102	1:10:17	5:25	4:06:09
137	19/23	M5059	13	Grant Molyneux	Calgary	4	48	29:18	1:58	17	123	2:12:47	28.0	21	171	1:24:49	6:32	4:06:53
138	20/23	M5059	182	Dennis Thiessen	Regina	21	178	41:15	2:45	15	111	2:11:10	28.4	16	134	1:14:56	5:46	4:07:19
139	21/23	M5059	38	Morley Steif	Regina	14	97	32:56	2:12	16	118	2:12:17	28.1	20	163	1:22:09	6:20	4:07:21
140	8/14	FR01	238	Team Phat Chicks	Saskatoon	4	60	30:41	2:03	9	129	2:14:18	27.7	12	168	1:23:44	6:27	4:08:42
141	7/12	F5059	143	Marianne Rempel	Martensville	9	169	39:44	2:39	4	133	2:15:08	27.5	8	127	1:14:08	5:43	4:08:59
142	29/34	M4049	16	Doug Sylvester	North Battleford	17	80	31:59	2:08	30	124	2:12:47	28.0	32	170	1:24:34	6:31	4:09:19
143	18/22	M3039	170	Bo Clegg	Saskatoon	17	150	37:25	2:30	17	132	2:15:01	27.6	19	146	1:17:11	5:57	4:09:36
144	15/23	NR01	221	Team Busser Family	Prince Albert	13	158	39:07	2:37	13	109	2:10:54	28.4	19	154	1:19:46	6:09	4:09:46
145	4/5	M6099	5	Blair Parkinson	Fort Qu'appelle	2	87	32:25	2:10	1	67	2:02:27	30.4	5	184	1:35:46	7:22	4:10:37
146	16/23	NR01	210	Team Mac Attack	Saskatoon	5	59	30:39	2:03	22	191	2:46:38	22.3	1	7	53:37	4:08	4:10:53
147	9/13	F2029	32	Meghann Nunn	Canmore	7	79	31:54	2:08	8	143	2:17:26	27.1	9	160	1:21:55	6:19	4:11:14
148	22/23	M5059	169	Paul Mehlsen	Regina	17	105	33:28	2:14	22	164	2:24:36	25.7	14	124	1:13:45	5:41	4:11:48
149	17/23	NR01	236	Team Lou's Crew	Calgary	10	134	36:06	2:25	20	174	2:29:36	24.9	10	75	1:06:24	5:07	4:12:04
150	8/12	F5059	159	Doris Henry	Regina	7	153	37:47	2:32	9	169	2:27:07	25.3	1	79	1:07:24	5:12	4:12:17
151	9/12	F3039	55	Jennifer Deeks	Saskatoon	11	145	36:42	2:27	9	145	2:18:17	26.9	9	152	1:19:04	6:05	4:14:02
152	30/34	M4049	108	Alan Jones	Prince Albert	26	132	36:04	2:25	31	142	2:17:10	27.1	29	157	1:20:51	6:14	4:14:04
153	9/12	F5059	14	Theresa Nimegeers	Prince Albert	10	171	40:24	2:42	8	160	2:22:43	26.1	6	112	1:12:00	5:33	4:15:06
154	9/13	F4049	122	Jody Nemetz	Saskatoon	8	128	35:49	2:24	10	163	2:24:28	25.7	10	135	1:15:03	5:47	4:15:18
155	10/13	F4049	160	Angela Arnold	Regina	13	170	40:16	2:42	8	155	2:21:01	26.4	8	129	1:14:13	5:43	4:15:29
156	31/34	M4049	19	Frank Sebjanic	Calgary	33	174	40:56	2:44	33	158	2:22:17	26.1	26	133	1:14:38	5:45	4:17:50
157	11/13	F4049	60	Denise Klassen	Saskatoon	4	85	32:17	2:10	11	173	2:29:35	24.9	12	145	1:17:08	5:56	4:18:59
158	10/13	F2029	36	Chelsey Svitlekoff	Saskatoon	11	131	35:55	2:24	11	180	2:31:28	24.6	6	111	1:11:54	5:32	4:19:16
159	19/22	M3039	147	Craig Drever	Edmonton	11	67	31:00	2:04	18	139	2:16:34	27.2	21	181	1:32:10	7:06	4:19:43
160	20/22	M3039	113	Dan Boyer	La Ronge	21	184	43:53	2:56	21	156	2:21:16	26.3	17	136	1:15:34	5:49	4:20:42
161	32/34	M4049	120	Kevin Krawec	Prince Albert	13	65	30:50	2:04	34	182	2:32:13	24.4	28	151	1:19:00	6:05	4:22:01
162	33/34	M4049	40	Rod Hudym	Saskatoon	34	180	41:47	2:48	32	144	2:18:15	26.9	30	161	1:22:00	6:19	4:22:02
163	9/14	FR01	212	Team Day Dream Believers	Prince Albert	12	179	41:34	2:47	10	159	2:22:34	26.1	9	150	1:18:30	6:03	4:22:37
164	18/23	NR01	207	Team Not In It To Win It	Prince Albert	8	125	35:35	2:23	17	161	2:24:05	25.8	21	166	1:22:59	6:23	4:22:37
165	10/14	FR01	204	Team Jeanot-Why-Not	Saskatoon	6	107	33:51	2:16	12	170	2:27:09	25.3	11	162	1:22:05	6:19	4:23:04
166	11/14	FR01	217	Team The Toon Town Trio	Saskatoon	5	88	32:27	2:10	2	66	2:02:26	30.4	14	192	1:48:21	8:21	4:23:13
167	19/23	NR01	229	Team Virgin Tri-Ers	Calgary	21	192	49:40	3:19	18	162	2:24:23	25.8	13	103	1:10:22	5:25	4:24:24
168	7/7	MR01	200	Team Regulators	Prince Albert	5	112	34:21	2:18	7	179	2:30:35	24.7	7	153	1:19:38	6:08	4:24:33
169	20/23	NR01	214	Team 150 Plus	Regina	12	149	37:17	2:30	21	190	2:45:32	22.5	6	37	1:01:54	4:46	4:24:42
170	21/22	M3039	171	Blue Clegg	Saskatoon	18	154	38:07	2:33	20	153	2:21:00	26.4	20	174	1:25:43	6:36	4:24:49
171	10/12	F3039	43	Trish Meyers	Saskatoon	9	121	35:17	2:22	8	119	2:12:23	28.1	12	185	1:37:44	7:32	4:25:23
172	34/34	M4049	162	J.R. Simpson	Saskatoon	31	163	39:16	2:38	23	90	2:06:29	29.4	34	189	1:42:14	7:52	4:27:58
173	21/23	NR01	240	Team Team Verity	Saskatoon	23	194	50:43	3:23	19	172	2:27:43	25.2	15	107	1:11:00	5:28	4:29:25
174	12/14	FR01	222	Team Cub N' Cougar	Meath Park	9	133	36:06	2:25	11	168	2:26:53	25.3	13	176	1:26:37	6:40	4:29:35
175	22/23	NR01	219	Team The Pirates	Prince Albert	19	186	44:35	2:59	16	154	2:21:01	26.4	22	169	1:24:13	6:29	4:29:48
176	11/12	F3039	152	Abby Schneider	Regina	4	51	29:37	1:59	12	183	2:33:05	24.3	11	179	1:27:09	6:43	4:29:51
177	12/12	F3039	62	Crystal Clarke	Saskatoon	6	106	33:31	2:15	11	181	2:31:44	24.5	10	175	1:25:51	6:37	4:31:05
178	11/13	F2029	97	Nicole Gillis	Saskatoon	5	63	30:47	2:04	12	186	2:37:28	23.6	12	172	1:24:59	6:33	4:33:13
179	7/9	M2029	33	Scott Cournoyer	Prince Albert	4	58	30:26	2:02	7	165	2:25:38	25.5	8	187	1:38:00	7:33	4:34:03
180	12/13	F2029	119	Leah Hientz	Saskatoon	8	115	34:30	2:18	13	187	2:38:08	23.5	10	164	1:22:12	6:20	4:34:49

2011 Power 99/Frank Dunn Triathlon
 August 7, 2011
 Waskesiu, SK
 Chronotrack Timing by Results Canada
 http://www.resultscanada.com

FEMALE 19&UNDER

Place In Age Group	Bib Num	Name	City, Province/State	S P W L I A M C E :Swim :Time :Rate :Mins/ :100M	B P I L K A E :Bike :Time :Speed :Km/ :Hour	R P U L N A C E :Run :Time :Pace :Mins/ :KM	Finish Time
1	107	Christina Charles	Prince Albert	1 21:57 1:28	2 2:08:37 28.9	1 1:00:06 4:38	3:30:40
2	149	Anne Charles	Prince Albert	2 22:28 1:30	1 2:08:27 29.0	2 1:03:27 4:53	3:34:21

FEMALE 20 TO 29

Place In Age Group	Bib Num	Name	City, Province/State	S P W L I A M C E :Swim :Time :Rate :Mins/ :100M	B P I L K A E :Bike :Time :Speed :Km/ :Hour	R P U L N A C E :Run :Time :Pace :Mins/ :KM	Finish Time
1	167	Carla Binning	Sherwood Park	2 25:43 1:43	1 1:49:48 33.9	2 1:02:56 4:51	3:18:26
2	124	Leah MacNaughton	Regina	3 27:30 1:50	3 2:06:28 29.4	3 1:03:09 4:52	3:37:07
3	163	Holly Annand	Abbotsford	4 27:54 1:52	2 2:04:48 29.8	4 1:06:35 5:08	3:39:17
4	27	Ashley Hoffort	Regina	12 36:28 2:26	4 2:09:23 28.8	1 1:02:39 4:50	3:48:29
5	70	Bonnie Maclean	Saskatoon	10 35:53 2:24	5 2:11:18 28.3	5 1:07:04 5:10	3:54:13
6	125	Dawn Halsall	Prince Albert	13 36:47 2:28	6 2:13:08 27.9	7 1:13:30 5:40	4:03:24
7	67	Tara Bower	Yellowknife	6 31:36 2:07	9 2:19:13 26.7	8 1:13:44 5:41	4:04:32
8	172	Colleen Elliot	Saskatoon	1 25:43 1:43	7 2:16:04 27.3	11 1:23:22 6:25	4:05:08
9	32	Meghann Nunn	Canmore	7 31:54 2:08	8 2:17:26 27.1	9 1:21:55 6:19	4:11:14
10	36	Chelsey Svitlekoff	Saskatoon	11 35:55 2:24	11 2:31:28 24.6	6 1:11:54 5:32	4:19:16
11	97	Nicole Gillis	Saskatoon	5 30:47 2:04	12 2:37:28 23.6	12 1:24:59 6:33	4:33:13
12	119	Leah Hientz	Saskatoon	8 34:30 2:18	13 2:38:08 23.5	10 1:22:12 6:20	4:34:49
13	48	Sarah Figley	Toronto	9 35:47 2:24	10 2:26:43 25.4	13 1:33:56 7:14	4:36:25

FEMALE 30 TO 39

Place In Age Group	Bib Num	Name	City, Province/State	S P W L I A M C E :Swim :Time :Rate :Mins/ :100M	B P I L K A E :Bike :Time :Speed :Km/ :Hour	R P U L N A C E :Run :Time :Pace :Mins/ :KM	Finish Time
1	22	Reagan Wildeman	Saskatoon	1 28:46 1:56	1 1:54:10 32.6	3 1:05:12 5:01	3:28:07
2	105	Renee Stuckel	Saskatoon	3 29:28 1:58	3 1:59:47 31.1	1 59:02 4:33	3:28:17
3	138	Nienke Lindeboom	Saskatoon	5 30:42 2:03	6 2:06:49 29.3	2 1:02:16 4:48	3:39:46
4	95	Shana Graham	Regina	2 28:49 1:56	4 2:01:36 30.6	6 1:13:06 5:38	3:43:30
5	26	Dana Muma	Saskatoon	10 36:41 2:27	2 1:58:30 31.4	7 1:15:41 5:50	3:50:51
6	155	Audrey Harder	North Battleford	8 34:50 2:20	7 2:08:36 28.9	5 1:11:02 5:28	3:54:27
7	80	Theresa Gibson	Regina	12 37:26 2:30	5 2:02:54 30.3	8 1:17:22 5:58	3:57:41
8	21	Monica Case	Waskesiu	7 34:18 2:18	10 2:20:04 26.6	4 1:05:23 5:02	3:59:45
9	55	Jennifer Deeks	Saskatoon	11 36:42 2:27	9 2:18:17 26.9	9 1:19:04 6:05	4:14:02
10	43	Trish Meyers	Saskatoon	9 35:17 2:22	8 2:12:23 28.1	12 1:37:44 7:32	4:25:23
11	152	Abby Schneider	Regina	4 29:37 1:59	12 2:33:05 24.3	11 1:27:09 6:43	4:29:51
12	62	Crystal Clarke	Saskatoon	6 33:31 2:15	11 2:31:44 24.5	10 1:25:51 6:37	4:31:05

FEMALE 40 TO 49

Place In Age Group	Bib Num	Name	City, Province/State	S P W L I A M C E	:Swim :Time : : :100M	:Swim :Rate : : :	B P I L K A E C E	:Bike :Speed : : :Hour	R P U L N A C E	:Run :Pace : : :Mins/ :KM	Finish Time		
1	3	Leanne Helfrich	Saskatoon	3	31:04	2:05	3	2:05:01	29.8	2	1:03:15	4:52	3:39:20
2	24	Shannon Bews	Saskatoon	5	34:47	2:20	1	2:01:41	30.6	5	1:08:23	5:16	3:44:50
3	77	Cheryl Siemens	Saskatoon	10	37:12	2:29	2	2:04:29	29.9	3	1:03:25	4:53	3:45:05
4	83	Lise Demoissac	Saskatoon	7	35:35	2:23	5	2:14:32	27.7	4	1:07:20	5:11	3:57:26
5	90	Tobi Rempel	Saskatoon	11	37:38	2:31	9	2:21:21	26.3	1	59:51	4:37	3:58:49
6	121	Tisha Wintringham	Saskatoon	2	29:41	1:59	6	2:16:57	27.2	7	1:14:09	5:43	4:00:47
7	75	Jo Ann Gaspers	Saskatoon	9	36:41	2:27	4	2:13:52	27.8	9	1:14:28	5:44	4:05:00
8	168	Maureen Powell	Regina	6	35:29	2:22	7	2:20:24	26.5	6	1:10:17	5:25	4:06:09
9	122	Jody Nemetz	Saskatoon	8	35:49	2:24	10	2:24:28	25.7	10	1:15:03	5:47	4:15:18
10	160	Angela Arnold	Regina	13	40:16	2:42	8	2:21:01	26.4	8	1:14:13	5:43	4:15:29
11	60	Denise Klassen	Saskatoon	4	32:17	2:10	11	2:29:35	24.9	12	1:17:08	5:56	4:18:59
12	151	Shannon Mayer	Calgary	12	39:35	2:39	12	2:41:21	23.1	11	1:15:39	5:50	4:36:34
13	96	Kim Tokarz	Regina	1	21:16	1:26							

FEMALE 50 TO 59

Place In Age Group	Bib Num	Name	City, Province/State	S P W L I A M C E	:Swim :Time : : :100M	:Swim :Rate : : :	B P I L K A E C E	:Bike :Speed : : :Hour	R P U L N A C E	:Run :Pace : : :Mins/ :KM	Finish Time		
1	30	Sue Ashburner	Saskatoon	3	32:29	2:10	1	2:04:47	29.8	3	1:08:05	5:15	3:45:20
2	100	Sheryl Plenert	Fort Langley	2	32:29	2:10	2	2:05:37	29.6	10	1:18:20	6:02	3:56:25
3	79	Julie Demoissac	Outlook	11	40:31	2:43	3	2:10:01	28.6	2	1:07:36	5:12	3:58:08
4	150	Dulcie Charles	Prince Albert	1	31:27	2:06	7	2:19:20	26.7	4	1:08:50	5:18	3:59:36
5	85	Carole Morsky	Regina	4	32:50	2:12	5	2:15:16	27.5	7	1:13:59	5:42	4:02:03
6	12	Frankie Pelletier	Regina	6	34:40	2:19	6	2:17:04	27.1	5	1:11:18	5:30	4:03:02
7	143	Marianne Rempel	Martensville	9	39:44	2:39	4	2:15:08	27.5	8	1:14:08	5:43	4:08:59
8	159	Doris Henry	Regina	7	37:47	2:32	9	2:27:07	25.3	1	1:07:24	5:12	4:12:17
9	14	Theresa Nimegeers	Prince Albert	10	40:24	2:42	8	2:22:43	26.1	6	1:12:00	5:33	4:15:06
10	7	Valerie Horner	Prince Albert	12	43:14	2:53	10	2:36:47	23.7	9	1:16:10	5:52	4:36:10
11	127	June Vezeau	Prince Albert	8	39:32	2:39	11	2:43:26	22.8	11	1:37:50	7:32	5:00:47
12	103	Allison Delsnider	Regina	5	34:13	2:17							

FEMALE 60&OVER

Place In Age Group	Bib Num	Name	City, Province/State	S P W L I A M C E	:Swim :Time : : :100M	:Swim :Rate : : :	B P I L K A E C E	:Bike :Speed : : :Hour	R P U L N A C E	:Run :Pace : : :Mins/ :KM	Finish Time		
1	117	Pat Blakely	Regina	1	39:13	2:37	1	2:37:04	23.7	1	1:43:45	7:59	5:00:01

2011 Power 99/Frank Dunn Triathlon
 August 7, 2011
 Waskesiu, SK
 Chronotrack Timing by Results Canada
 http://www.resultscanada.com

MALE 19&UNDER

Place In Age Group	Bib Num	Name	City, Province/State	S P :Swim :Swim W L :Time :Rate I A : : M C : :Mins/ E : :100M	B P :Bike :Bike I L :Time :Speed K A : : E C : :Km/ E : :Hour	R P :Run :Run U L :Time :Pace N A : : C : :Mins/ E : :KM	Finish Time
1	146	Kyle Jones	Saskatoon	4 29:04 1:57	1 1:53:46 32.7	2 1:01:53 4:46	3:24:42
2	31	Kristopher MacNeil	Prince Albert	5 32:01 2:09	2 1:53:50 32.7	4 1:04:18 4:57	3:30:09
3	89	Kenton Wilkinson	Cochrane	1 27:13 1:49	3 2:08:45 28.9	3 1:02:50 4:50	3:38:47
4	87	Jaime Wilkinson	Cochrane	2 27:54 1:52	5 2:20:34 26.5	1 55:25 4:16	3:43:52
5	17	Devon Sylvester	North Battleford	3 28:15 1:53	4 2:09:49 28.7	5 1:09:49 5:23	3:47:52

MALE 20 TO 29

Place In Age Group	Bib Num	Name	City, Province/State	S P :Swim :Swim W L :Time :Rate I A : : M C : :Mins/ E : :100M	B P :Bike :Bike I L :Time :Speed K A : : E C : :Km/ E : :Hour	R P :Run :Run U L :Time :Pace N A : : C : :Mins/ E : :KM	Finish Time
1	135	Kris Loshack	Edmonton	1 20:49 1:24	1 1:32:56 40.0	1 46:59 3:37	2:40:43
2	28	Stephan Van Zyl	Saskatoon	2 27:48 1:52	3 1:50:39 33.6	2 56:41 4:22	3:15:07
3	102	Todd Jones	Regina	6 33:12 2:13	2 1:46:39 34.9	4 1:07:47 5:13	3:27:37
4	131	Kyle Wionzek	Saskatoon	3 29:24 1:58	4 2:01:38 30.6	5 1:08:58 5:19	3:39:58
5	128	Joe Bitz	Saskatoon	9 40:57 2:44	5 2:06:47 29.3	3 1:05:51 5:04	3:53:34
6	154	Brandon Hicks	Saskatoon	7 36:24 2:26	6 2:11:04 28.4	6 1:12:54 5:37	4:00:20
7	33	Scott Cournoyer	Prince Albert	4 30:26 2:02	7 2:25:38 25.5	8 1:38:00 7:33	4:34:03
8	47	Benjamin Batson	Toronto	8 36:27 2:26	8 2:26:02 25.5	7 1:33:56 7:14	4:36:25
9	161	Jordan Holmen	Prince Albert	5 33:01 2:12	9 2:30:24 24.7	9 1:46:06 8:10	4:49:30

MALE 30 TO 39

Place In Age Group	Bib Num	Name	City, Province/State	S P :Swim :Swim W L :Time :Rate I A : : M C : :Mins/ E : :100M	B P :Bike :Bike I L :Time :Speed K A : : E C : :Km/ E : :Hour	R P :Run :Run U L :Time :Pace N A : : C : :Mins/ E : :KM	Finish Time
1	1	Curtis Earl	Saskatoon	4 25:12 1:41	1 1:37:11 38.3	2 52:54 4:05	2:55:16
2	133	Brad Spokes	Saskatoon	2 24:03 1:37	2 1:42:12 36.4	1 52:36 4:03	2:58:49
3	142	Shawn Rempel	Saskatoon	8 27:28 1:50	4 1:46:14 35.0	3 53:37 4:08	3:07:18
4	114	Curtis Merrifield	Rosetown	7 26:56 1:48	3 1:44:19 35.7	5 57:50 4:27	3:09:05
5	63	Jason Horner	Saskatoon	3 24:07 1:37	7 1:50:53 33.5	6 57:59 4:28	3:12:58
6	78	Cory Funk	Saskatoon	6 26:05 1:45	5 1:46:24 35.0	10 1:05:31 5:03	3:17:59
7	129	Chad Matsalla	Saskatoon	1 23:45 1:35	9 1:52:26 33.1	8 1:05:03 5:01	3:21:13
8	174	Ken Bristol	Regina	13 31:50 2:08	11 1:56:07 32.0	4 55:29 4:17	3:23:26
9	72	Tim Schroeder	Dundurn	5 25:53 1:44	6 1:49:18 34.0	13 1:10:24 5:25	3:25:34
10	92	Joey Brassard	Prince Albert	9 28:31 1:55	8 1:51:43 33.3	14 1:12:23 5:35	3:32:36
11	175	Russell Dawson	Saskatoon	14 31:51 2:08	12 1:56:46 31.9	9 1:05:07 5:01	3:33:43
12	153	Olivier Larocque	Saskatoon	16 34:15 2:17	10 1:54:46 32.4	11 1:08:01 5:14	3:37:01
13	176	James Beer	Prince Albert	22 45:39 3:03	13 2:03:44 30.1	7 59:20 4:34	3:48:42
14	139	Clifford McBeath	Prince Albert	10 30:21 2:02	15 2:10:15 28.6	12 1:10:12 5:24	3:50:47
15	53	Chad Anderson	Saskatoon	15 32:36 2:11	16 2:11:22 28.3	16 1:14:26 5:44	3:58:22

16	173	Brent Dean	Saskatoon	12	31:21	2:06	19	2:18:48	26.8	15	1:13:38	5:40	4:03:47
17	4	Scott Baller	Regina	19	39:36	2:39	14	2:10:05	28.6	18	1:15:39	5:50	4:05:19
18	170	Bo Clegg	Saskatoon	17	37:25	2:30	17	2:15:01	27.6	19	1:17:11	5:57	4:09:36
19	147	Craig Drever	Edmonton	11	31:00	2:04	18	2:16:34	27.2	21	1:32:10	7:06	4:19:43
20	113	Dan Boyer	La Ronge	21	43:53	2:56	21	2:21:16	26.3	17	1:15:34	5:49	4:20:42
21	171	Blue Clegg	Saskatoon	18	38:07	2:33	20	2:21:00	26.4	20	1:25:43	6:36	4:24:49
22	109	David Earl	Saskatoon	20	42:20	2:50	22	2:27:10	25.3	22	1:38:47	7:36	4:48:16

MALE 40 TO 49

Place In Age Group	Bib Num	Name	City, Province/State	S P W L I A M C E	:Swim :Time :Rate	:Swim :Rate	B P I L K A E	:Bike :Speed	:Bike :Speed	R P U L N A C E	:Run :Time :Pace	:Run :Pace	Finish Time
1	35	Shayne Burwell	Saskatoon	1	23:27	1:34	2	1:41:41	36.6	1	53:04	4:05	2:58:11
2	88	Joel Wilkinson	Cochrane	3	23:43	1:35	5	1:50:43	33.6	2	53:55	4:09	3:08:20
3	39	Bruce Gordon	Saskatoon	14	30:58	2:04	1	1:40:15	37.1	5	58:48	4:32	3:10:01
4	94	Todd Graham	Regina	4	26:32	1:47	6	1:51:50	33.3	4	57:52	4:28	3:16:12
5	37	Pat Long	Prince Albert	6	27:24	1:50	10	1:55:37	32.2	3	57:44	4:27	3:20:45
6	84	John Rayner	Saskatoon	2	23:28	1:34	15	1:59:19	31.2	7	1:00:07	4:38	3:22:53
7	46	Tim Haight	Saskatoon	16	31:47	2:08	8	1:52:48	33.0	6	59:30	4:35	3:24:04
8	8	Marc Reindeau	Saskatoon	9	28:06	1:53	7	1:52:21	33.1	12	1:03:37	4:54	3:24:04
9	51	D'Arcy Polreis	Saskatoon	11	28:51	1:56	12	1:56:19	32.0	9	1:00:29	4:40	3:25:38
10	74	Glenn Patkau	Saskatoon	10	28:31	1:54	3	1:50:09	33.8	19	1:09:08	5:20	3:27:46
11	34	Marc Leclair	Winnipeg	21	33:17	2:14	4	1:50:38	33.6	18	1:08:19	5:16	3:32:13
12	132	Darren Hagen	Saskatoon	28	37:01	2:29	9	1:53:19	32.8	10	1:02:08	4:47	3:32:27
13	69	Doug Forer	Edmonton	18	32:23	2:10	11	1:56:19	32.0	14	1:05:04	5:01	3:33:45
14	99	Shane Pasloski	Cochrane	5	26:49	1:48	14	1:58:55	31.3	17	1:08:15	5:15	3:33:58
15	41	John Marshall	Saskatoon	7	27:40	1:51	18	2:01:59	30.5	15	1:05:06	5:01	3:34:45
16	98	Grant Marshak	Saskatoon	23	34:29	2:18	17	2:00:55	30.8	8	1:00:27	4:39	3:35:50
17	61	Charles Keller	Saskatoon	27	36:17	2:26	16	2:00:23	30.9	11	1:02:50	4:50	3:39:29
18	148	Bryan Lloyd	Regina	25	35:35	2:23	13	1:56:24	32.0	21	1:09:41	5:22	3:41:39
19	177	Greg Dyck	Regina	24	34:56	2:20	20	2:03:58	30.0	13	1:04:49	5:00	3:43:42
20	76	Tom Warkentin	Saskatoon	19	32:49	2:12	19	2:03:06	30.2	16	1:08:04	5:15	3:43:58
21	54	Darren Grabill	Melfort	8	27:51	1:52	26	2:10:12	28.6	23	1:11:23	5:30	3:49:25
22	178	Rob Cormier	Prince Albert	20	32:50	2:12	21	2:04:46	29.8	25	1:13:55	5:42	3:51:30
23	25	Jim Chrones	Saskatoon	22	33:24	2:14	27	2:12:10	28.1	22	1:09:54	5:23	3:55:27
24	57	Barry Haukaas	Regina	29	38:14	2:33	25	2:07:50	29.1	24	1:12:45	5:36	3:58:48
25	111	Richard Dobrowski	Regina	12	30:10	2:01	29	2:12:45	28.0	27	1:15:54	5:51	3:58:48
26	9	Bill Glanville	Melfort	32	40:47	2:44	28	2:12:34	28.1	20	1:09:25	5:21	4:02:45
27	157	Joel Pedersen	Saskatoon	30	38:43	2:35	22	2:04:48	29.8	31	1:22:14	6:20	4:05:44
28	91	Dennis Tokarz	Regina	15	31:45	2:07	24	2:06:35	29.4	33	1:27:50	6:46	4:06:09
29	16	Doug Sylvester	North Battleford	17	31:59	2:08	30	2:12:47	28.0	32	1:24:34	6:31	4:09:19
30	108	Alan Jones	Prince Albert	26	36:04	2:25	31	2:17:10	27.1	29	1:20:51	6:14	4:14:04
31	19	Frank Sebjanic	Calgary	33	40:56	2:44	33	2:22:17	26.1	26	1:14:38	5:45	4:17:50
32	120	Kevin Krawec	Prince Albert	13	30:50	2:04	34	2:32:13	24.4	28	1:19:00	6:05	4:22:01
33	40	Rod Hudym	Saskatoon	34	41:47	2:48	32	2:18:15	26.9	30	1:22:00	6:19	4:22:02
34	162	J.R. Simpson	Saskatoon	31	39:16	2:38	23	2:06:29	29.4	34	1:42:14	7:52	4:27:58

MALE 50 TO 59

Place In Age Group	Bib Num	Name	City, Province/State	S P W L I A M C E	:Swim :Time :Rate	:Swim :Rate	B P I L K A E	:Bike :Speed	:Bike :Speed	R P U L N A C E	:Run :Time :Pace	:Run :Pace	Finish Time
1	145	John Winterdyk	Calgary	2	28:24	1:54	1	1:45:10	35.4	1	53:55	4:09	3:07:28
2	141	Reg Rempel	Martensville	11	32:03	2:09	2	1:46:29	34.9	2	58:59	4:33	3:17:30
3	10	Simon Toon	Saskatoon	3	29:15	1:57	3	1:47:44	34.5	3	1:02:56	4:51	3:19:55

4	140	Eugene Timmermans	Saskatoon	1	28:08	1:53	4	1:51:12	33.5	11	1:07:59	5:14	3:27:17
5	86	Peter Martin	Saskatoon	8	30:49	2:04	6	1:54:51	32.4	7	1:04:53	5:00	3:30:32
6	50	Ron Kelly	Saskatoon	10	32:01	2:09	7	1:55:46	32.1	6	1:04:02	4:56	3:31:48
7	23	Grant Bryden	Saskatoon	5	29:55	2:00	8	1:58:15	31.5	9	1:05:36	5:03	3:33:45
8	101	Vaughn Cooper	Vermillion	7	30:46	2:04	11	2:02:16	30.4	4	1:03:30	4:54	3:36:31
9	52	Jim Gregg	Saskatoon	20	36:33	2:27	5	1:52:23	33.1	13	1:09:56	5:23	3:38:52
10	73	Don Laing	Prince Albert	12	32:09	2:09	13	2:04:19	29.9	5	1:03:53	4:55	3:40:20
11	11	Bruce Moore	Regina	15	32:57	2:12	14	2:06:27	29.4	10	1:06:03	5:05	3:45:26
12	166	Brian Ross	Saskatoon	6	30:08	2:01	10	2:00:49	30.8	19	1:21:42	6:18	3:52:38
13	179	Dennis Scherger	Saskatoon	22	44:09	2:57	12	2:03:59	30.0	8	1:05:08	5:01	3:53:15
14	126	David Scuka	Moose Jaw SK	13	32:44	2:11	18	2:13:37	27.8	15	1:14:19	5:43	4:00:39
15	56	Ian Colvine	Saskatoon	18	35:06	2:21	21	2:19:00	26.8	12	1:08:45	5:18	4:02:50
16	134	Lorrie Loshack	Edmonton	19	35:50	2:24	9	2:00:19	30.9	22	1:27:08	6:43	4:03:15
17	49	Donald Figley	Saskatoon	16	33:15	2:13	19	2:14:39	27.6	17	1:16:24	5:53	4:04:17
18	66	Darrell Bower	Warmen	9	31:35	2:07	20	2:16:31	27.2	18	1:16:27	5:53	4:04:32
19	13	Grant Molyneux	Calgary	4	29:18	1:58	17	2:12:47	28.0	21	1:24:49	6:32	4:06:53
20	182	Dennis Thiessen	Regina	21	41:15	2:45	15	2:11:10	28.4	16	1:14:56	5:46	4:07:19
21	38	Morley Steif	Regina	14	32:56	2:12	16	2:12:17	28.1	20	1:22:09	6:20	4:07:21
22	169	Paul Mehlsen	Regina	17	33:28	2:14	22	2:24:36	25.7	14	1:13:45	5:41	4:11:48
23	65	Mark Radu	Saskatoon	23	46:09	3:05	23	2:29:57	24.8	23	1:55:32	8:54	5:11:37

MALE 60&OVER

Place In Age Group	Bib Num	Name	City, Province/State	S P	:Swim	:Swim	B P	:Bike	:Bike	R P	:Run	:Run	Finish Time
				W L	:Time	:Rate	I L	:Time	:Speed	U L	:Time	:Pace	
				I A	:	:	K A	:	:	N A	:	:	
				M C	:	:Mins/	E C	:	:Km/	C	:	:Mins/	
				E	:	:100M	E	:	:Hour	E	:	:KM	
				:	:		:	:		:	:		
1	165	Norman Zepp	Saskatoon	5	39:38	2:39	4	2:13:24	27.9	1	1:01:02	4:42	3:54:02
2	82	Bill Jeffery	Shellbrook	3	36:40	2:27	2	2:11:34	28.3	2	1:12:52	5:37	4:01:04
3	118	Douglas Blakely	Regina	1	31:50	2:08	3	2:11:34	28.3	3	1:19:49	6:09	4:03:13
4	5	Blair Parkinson	Fort Qu'appelle	2	32:25	2:10	1	2:02:27	30.4	5	1:35:46	7:22	4:10:37
5	68	Wayne Perkins	Calgary	4	39:15	2:37	5	2:30:32	24.7	4	1:26:53	6:41	4:36:39

2011 Power 99/Frank Dunn Triathlon
 August 7, 2011
 Waskesiu, SK
 Chronotrack Timing by Results Canada
<http://www.resultscanada.com>

FEMALE TEAMS

Place In Age Group	Bib Num	Name	City, Province/State	S P :Swim :Swim W L :Time :Rate I A : : M C : :Mins/ E : :100M	B P :Bike :Bike I L :Time :Speed K A : : E C : :Km/ E : :Hour	R P :Run :Run U L :Time :Pace N A : : C : :Mins/ E : :KM	Finish Time
1	209	Team Better Than Bond Girl	Saskatoon	1 24:12 1:37	1 1:54:01 32.6	3 1:02:23 4:48	3:20:35
2	232	Team Die Triing	Saskatoon	2 25:28 1:42	5 2:07:46 29.1	1 1:01:26 4:44	3:34:39
3	220	Team Mac 50	Prince Albert	7 34:07 2:17	3 2:03:11 30.2	4 1:04:37 4:59	3:41:54
4	226	Team Betcha Can't Be Slowe	Saskatoon	8 34:23 2:18	6 2:09:02 28.8	2 1:01:52 4:46	3:45:15
5	213	Team Adrenaline Rush	Prince Albert	3 25:44 1:43	7 2:11:51 28.2	8 1:10:24 5:25	3:47:58
6	201	Team The Hormones	Saskatoon	10 38:22 2:34	4 2:05:15 29.7	6 1:05:20 5:02	3:48:56
7	246	Team Siast- Fit	Prince Albert	11 41:07 2:45	8 2:12:24 28.1	7 1:09:21 5:21	4:02:51
8	238	Team Phat Chicks	Saskatoon	4 30:41 2:03	9 2:14:18 27.7	12 1:23:44 6:27	4:08:42
9	212	Team Day Dream Believers	Prince Albert	12 41:34 2:47	10 2:22:34 26.1	9 1:18:30 6:03	4:22:37
10	204	Team Jeanot-Why-Not	Saskatoon	6 33:51 2:16	12 2:27:09 25.3	11 1:22:05 6:19	4:23:04
11	217	Team The Toon Town Trio	Saskatoon	5 32:27 2:10	2 2:02:26 30.4	14 1:48:21 8:21	4:23:13
12	222	Team Cub N' Cougar	Meath Park	9 36:06 2:25	11 2:26:53 25.3	13 1:26:37 6:40	4:29:35
13	206	Team Sisters On The Go	Saskatoon	14 53:38 3:35	13 2:29:41 24.9	10 1:20:37 6:13	4:43:54
14	237	Team Sweet Wicked Awesome	Saskatoon	13 46:17 3:06	14 3:16:53 18.9	5 1:05:19 5:02	5:08:28

MALE TEAMS

Place In Age Group	Bib Num	Name	City, Province/State	S P :Swim :Swim W L :Time :Rate I A : : M C : :Mins/ E : :100M	B P :Bike :Bike I L :Time :Speed K A : : E C : :Km/ E : :Hour	R P :Run :Run U L :Time :Pace N A : : C : :Mins/ E : :KM	Finish Time
1	241	Team Fae 1	Prince Albert	1 21:37 1:27	2 1:55:58 32.1	1 50:42 3:54	3:08:16
2	211	Team Spare Parts V	Saskatoon	2 25:50 1:44	1 1:54:20 32.5	3 1:01:11 4:43	3:21:19
3	234	Team Team Broham,	North Battleford	4 31:39 2:07	5 2:02:56 30.3	2 1:00:04 4:38	3:34:38
4	235	Team Baergendy Harbour	Calgary	6 36:22 2:26	4 1:57:57 31.5	4 1:02:05 4:47	3:36:23
5	203	Team Forgot Our Name	Saskatoon	3 29:43 1:59	3 1:57:09 31.8	6 1:17:24 5:58	3:44:15
6	218	Team The _t Bags_	Emerald Park	7 46:30 3:06	6 2:04:29 29.9	5 1:13:42 5:41	4:04:41
7	200	Team Regulators	Prince Albert	5 34:21 2:18	7 2:30:35 24.7	7 1:19:38 6:08	4:24:33

2011 Power 99/Frank Dunn Triathlon
 August 7, 2011
 Waskesiu, SK
 Chronotrack Timing by Results Canada
<http://www.resultscanada.com>

MIXED TEAMS

Place In Age Group	Bib Num	Name	City, Province/State	S P W L I A M C E	:Swim :Time : : :	:Swim :Rate : :Mins/ :100M	B P I L K A E C E	:Bike :Speed : :Km/ :Hour	R P U L N A C E	:Run :Pace : :Mins/ :KM	Finish Time		
1	230	Team Tres Tortugas	Saskatoon	4	29:15	1:57	4	1:52:45	33.0	2	55:46	4:18	3:17:45
2	205	Team To Beat Don Figley	Saskatoon	2	26:38	1:47	2	1:50:16	33.7	5	1:01:17	4:43	3:18:09
3	215	Team Ago	Saskatoon	1	23:17	1:34	6	1:55:39	32.2	8	1:05:16	5:02	3:24:11
4	244	Team Sask Blue Cross	Saskatoon	3	27:28	1:50	1	1:47:59	34.4	16	1:12:20	5:34	3:27:46
5	245	Team The Quick And The Dea	Saskatoon	14	39:14	2:37	5	1:53:04	32.9	7	1:02:44	4:50	3:35:01
6	224	Team Snap Crackle + Pop	Ile A La Crosse	6	32:50	2:12	10	2:06:01	29.5	4	1:00:22	4:39	3:39:11
7	228	Team One Hit Wonders	Calgary	16	39:18	2:38	3	1:50:43	33.6	18	1:16:28	5:53	3:46:29
8	239	Team Magic Muffets	Saskatoon	18	42:15	2:49	9	2:04:45	29.8	3	59:46	4:36	3:46:45
9	208	Team The Wildebeests	Prince Albert	15	39:15	2:37	12	2:07:27	29.2	9	1:05:50	5:04	3:52:31
10	233	Team Jts	Okotoks	9	35:36	2:23	14	2:15:11	27.5	11	1:08:02	5:14	3:58:49
11	216	Team Run Tmc	Saskatoon	17	41:08	2:45	7	1:58:20	31.4	20	1:21:45	6:18	4:01:13
12	202	Team Just For Fun	Saskatoon	20	46:10	3:05	11	2:06:52	29.3	12	1:10:08	5:24	4:03:09
13	223	Team Team Shenneth	Saskatoon	22	50:12	3:21	8	2:02:45	30.3	14	1:10:32	5:26	4:03:28
14	225	Team Team Faith	Prince Albert	11	36:33	2:27	15	2:15:24	27.5	17	1:12:56	5:37	4:04:51
15	221	Team Busser Family	Prince Albert	13	39:07	2:37	13	2:10:54	28.4	19	1:19:46	6:09	4:09:46
16	210	Team Mac Attack	Saskatoon	5	30:39	2:03	22	2:46:38	22.3	1	53:37	4:08	4:10:53
17	236	Team Lou's Crew	Calgary	10	36:06	2:25	20	2:29:36	24.9	10	1:06:24	5:07	4:12:04
18	207	Team Not In It To Win It	Prince Albert	8	35:35	2:23	17	2:24:05	25.8	21	1:22:59	6:23	4:22:37
19	229	Team Virgin Tri-Ers	Calgary	21	49:40	3:19	18	2:24:23	25.8	13	1:10:22	5:25	4:24:24
20	214	Team 150 Plus	Regina	12	37:17	2:30	21	2:45:32	22.5	6	1:01:54	4:46	4:24:42
21	240	Team Team Verity	Saskatoon	23	50:43	3:23	19	2:27:43	25.2	15	1:11:00	5:28	4:29:25
22	219	Team The Pirates	Prince Albert	19	44:35	2:59	16	2:21:01	26.4	22	1:24:13	6:29	4:29:48
23	247	Team Next Years Winners	Prince Albert	7	33:16	2:14	23	2:58:52	20.8	23	1:25:20	6:34	4:57:27